[1945]

SOUTH GLENS FALLS PUBLIC SCHOOLS

JUDSON W. WALKER, SUPERVISING PRINCIPAL

SOUTH GLENS FALLS, N. Y.

Dear Mr. Kirby Tage,

I could not refrain from sending this note

along with my order for a cofey of your new book

fore well not recognize the signature below, but your

daughter Mary will no doubt remember her old French

teacher back in Cakwood Ichool. I wastathat "Miss

Wheelook", - since them having enlarged my professional

pield to welled librarianship, - and also "doubstic science",

dince as you can see by the name, I am now married.

How is Mary? I seem to remember seeing her name occasionally

in the Cakwood alumni hows bulletin, which I still receive. The is married

now too, isn't she? Remember me to her sometime. The is married

espend of I am much interested in your book, a should like to receive a

open of I am much interested in your book, a should like to receive a

CLASS OF SERVICE

This is a full-rate Telegram or Cablegram unless its deferred character is indicated by a suitable symbol above or preceding the address.

WESTERN UNION

A. N. WILLIAMS

204

SYMBOLS

DL=Day Letter

NL=Night Letter

LC=Deferred Cable

NLT=Cable Night Letter

Ship Radiogram

The filing time shown in the date line on telegrams and day letters is STANDARD TIME at point of origin. Time of receipt is STANDARD TIME at point of destination

S R NL New York NY 19 Kirby Page La Mabra Calif

Council enthustically and greatfully accepted your basic suggestion, committee to be appointed work out plans, greetings and thanks to Alma and yourself

A J Muste

845Am

82088

THE COMPANY WILL APPRECIATE SUGGESTION'S FROM ITS PATRONS CONCERNING ITS SERVICE

[945)

THE COLLEGE OF THE BIBLE

AN ACCREDITED THEOLOGICAL SEMINARY

LEXINGTON 12, KENTUCKY

MYRON TAGGART HOPPER, PH. D.

ALEXANDER CAMPBELL HOPKINS PROFESSOR
OF RELIGIOUS EDUCATION

Din slow, but I usually get around b doing the right thing? In this instance that involves the enclosed ander and returning your mat. Due been intending to both since last spring.

Myrond Hopper.

Rear Kuly: Misson

Julia Raymonde

123 & Supramonde

Supramone are

Mourovia, Cal. | Supramone

Would like & Longe Tuesday - Ju Could someone send her an Thomas on alla

ALLAN A. HUNTER, Minister 4609 Prospect Avenue MOrningside 1-2004



MT HOLLYWOOD CONGREGATIONAL CHURCH

Prospect Avenue and Rodney Drive
(One block east of Hollywood Blvd, and Vermont Ave.)

This church is organized around the life revealed in Jesus. Our aim is the Kingdom of God on earth, including its coming in ourselves.

You are invited to join in this effort.

Church School

Worship Service

Young People 6:30 p. m. Din King too his same of 5 4;

You had he I havely order 5 copies.

Could one of them he sent direct

for providing to Sordon Dalbeck

Box No. PMB 4111, Danburg,

The Commentant? are you have,

retreat this summer? 9: A like to go if

iso. I vay much could a good that

with you? The field that you are

dependedly there is in street an

encourage heat Was you had to

for botto.

Allow.

ALLAN A. HUNTER, Minister 4609 Prospect Avenue MOrningside 1-2004



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You are invited to join in this effort.

Church School 9:30 a.m. Worship Service

Young People 6:30 p. m. Hendreon 1703 Oak 9 t So Pasalny 61213

Ejumond, Cont allen 14. Earlow

. (795)

1662 East Tifth Street Long Beach 4, nov. 18th.

Dear alma and Kirby,

We were pleased that you included us in your invitations for those Tuesdays in October. even though we couldn't come. We still feel that week at camp with you in the summer of '44 was one of the best weeks of our lives. We didn't get the church we wrote you about.

Last Sunday night we heard the Reverend R. Murray Jones of the Ingle-wood Presbylerian preach along the line of one world or no world. He has been chairman of the Rocial action Committee in Presbytery and is of the Church Jederation He says from his pulpit the sorts of things you would say, Kirby. We rejoiced that this man is a Presbyteriais. so often the Presbyteriais are preaching as if it weren't a changing world.

yours, Katharine and Paul (Rider) For the Tellowship of Reconcilluation Fund 200 sanh Kaithing Paul Ribu.

1662E5 LB

"PERSONAL MESSAGE"

Among the gifts and greetings to come to our home a few Christmases back was a little fifteen cent booklet, "The Lord's Prayer" by Glenn Clark. It spoke to our hearts and to our needs. It helped us in a wondrous way meet perplexing problems in a more courageous, more commendable, and a more victorious way. How grateful we were to the home from which it came!

In order to express our gratitude more fully copies of this little book were sent into a number of other homes. Then three interesting things came to pass:

1. Expressions of deep appreciation came from these homes.

2. These homes sent extra copies of this book to other homes.

3. Some of those homes receiving our gift shared with our home the names of books that had been a continuous blessing to their homes.

Briefly that was the beginning of what has proved to be a continuous quest for "good books." Each year the influence of that one gift-book expands in an ever-widening circle.

Thanks to all of those homes in states near and far away that have cooperated in this 1945 project.

If some one book not mentioned in this list has been of incalculable value to your home won't you please share the name of it with us?

Postscript~

Almost everyone is acquainted with some of Grace Noll Crowell's poems. Many of these poems have been printed on cards. For a set of 67 of these cards remit \$1 to Grace Noll Crowell, 719 Lowell, Dallas, Texas. (Minimum order, 30 cards for 55 cents.)

THREE HELPFUL MAGAZINES

Clear Horizons, Macalester Park Publishing Company, St. Paul 5, Minn., \$1.

Good Business, "Unity," 917 Tracy, Kansas City 6, Missouri, \$1.

Democracy in Action, 307 North Michigan Avenue, Chicago 1, Illinois, \$1.

THE McMATH HOME 2116 West 75th Street Los Angeles 44, California

Guld you make
good use of 2 or 3
do you of these ?

Jam trying to get 1000 of
these orts as no toos to those
cooperating with me Hang forsometh,

Chanks... THANKS FOR GOOD BOOKS!!!
BOOKS HELP BUILD BETTER HOMES AND
A BETTER WORLD... ARE YOU PLANNING
TO MAKE This Christmas a Book-Giving Christmas?



Turn the page and you will find a list of books specially recommended by homes all over America for their potential power to bless and brighten and to make more joyous and victorious the homes they enter.

Also, you will find enumerated a few of the many advantages that favor the selection of books as Christmas gifts.



Each year an impelling influence urges our home to discover the titles of the most helpful books in the field of inspirational literature, and then to share the findings with other homes—at the same time, calling attention to certain advantages of choosing books as Christmas gifts.

In almost every home there are one or two books that have become so outstandingly helpful that they are read and reread, turned to again and again, and enthuisastically recommended to other homes.

This year, as in other years, in order to become more aware of such books a query from our home went out to homes in more than forty states asking for the names of those one or two books, that above all other books aside from the Bible, have proved the most helpful—especially in the past few years.

A recapitulation of the responses received this year and in previous years should be intensely interesting and genuinely helpful to all who are planning this Christmas to choose books as gifts.

A Well Chosen Book Might Make the Most Helpful Gift One Can Select This Year

(1)	Prayer	George Buttrick	\$2.
	The Prophet	Kahlil Gibran	2.
	Your Personality and God	Margery Wilson	2.5
	A Great Time to Be Alive	Harry Emerson Fosdick	2 (
	In Tune With the Infinite	Ralph Waldo Trine	2 (
	Change Your Life Through Prayer	Stella F. Mann	2.0
By	An Unknown Disciple	Anonymous	9 (
	Every Day a Prayer	Margueritte H. Bro	1 6
	Say Yes to the Light	Allan Hunter	
	Peace Through Cooperation	Hanny Camonton	ئەل 1.6
	Discovering the Boy of Nazareth	Henry Carpenter Winifred Kirkland	1.2
(2)		Wannah Cmith	1.2
	A Testament of Devotion	Hannah Smith	1,2
141	The Sermon on the Mount	Thomas Kelley	I.L
	The Christ of the American Road	Emmet Fox	1.0
	The Will of God for These Days	Stanley Jones	1.0
	Of the Imitation of Chair M. J.	Kirby Page	1.0
	Of the Imitation of Christ Today	Winifred Kirkland	1.0
	The Predicament of Modern Man	D. Elton Trueblood	1.0
	Altars Under the Sky	Dorothy Pease	1.0
(0)	Abundant Living	Stanley Jones	1.0
(2)	The Imitation of Christ	Thomas a'Kempis	6
(0)	The Silent Billion Speak	Frank Laubach	6
(2)	The Greatest Thing in the World	Henry Drummond	6
(2)	With Christ-In the School of Prayer	Andrew Murray	6
	Alone With God	Grover Carlton Emmons	5
	Reckoning at Dusk	Mary Welch	5
	Wellsprings of Immortality	Starr Daily	5
(3)	The Lord's Prayer	Glenn Clark (8 for \$1)	.1
	The Man Who Talks With the Flowers	Glenn Clark (8 for \$1)	1
	The Great Helper	Dana Gatlin	
			***** **

- (1) These two books stood out in front of all the books recommended this year.
- (2) These represent the older books but they have been read and re-read by millions and are as dynamic today as the day they were written.
- (3) See "Personal Message" on a following page.

If you cannot secure the books you wish through local channels or through your Denominational Book Store—send your remittance to THE MACALESTER PARK PUBLISHING COM-PANY, 1571 Grand Avenue, St. Paul 5, Minnesota, and your order will be filled promptly.



WHY CHOOSE BOOKS AS GIFTS

Books are convenient to purchase. They may be ordered by mail right from your home.

Books are inexpensive. Many cost less than customary gifts.

- Books are easy to wrap into neat, colorful, gift packages, and take a very low postage rate.

Books are lasting gifts. Some become life

long friends.

Books are friends in time of need and are welcome companions in long hours of loneliness.

Books are capable of bringing relaxation and rest, and an enrichment of life as well.

Books are gifts that can be shared with all the members of the family, and with

Books are messengers of neighborliness and good will . . . uniting races and na-

By choosing GOOD BOOKS we are also expressing our appreciation and gratitude to those men and women who are writing, publishing, and helping to make known life-lifting, light-bringing, character-building literature.

(295)

Friday

Dear Kirby:

We're disappointed that you wont be in the south eastern section of the US this year. I covet for students the experience I had getting to know Jesus Christ and to see the world through His eyes, as I came to know it via Kirby Page.

Kirby, that happened years ago, at Blue Ridge. You've had many, many great conferences and touched thousands of lives since that time, but you're still touching a lot of kids on the U. of Fla. campus through men because of a summer at Blue Ridge.

By the by, wonder if you could send me:

6 "Living Abundantly"
1-set of books and cards under you \$ 5. offer, (I want this for myself personally).

May get out that way before too long. Have a light plane and would like to fly out for a month on the West Coast and then up in the Northwaet.

Kirby if there anyone you know of in this section of the U.S. who begins to comebine a warm and deep personal religion that is evangelistic with a clear-cut understanding of the social problems of our day. We need such a man for the U.of Fla.for a conference. I would appreciate your suggestions of possibilities.

With warmest personal regards to one of my inspirations,, I am

Sincerely yours,

C.L. Spottswood, Jr.

Wesley Foundation 1546 W. University Ave. Gainesville, Florida

SOURCES OF INFORMATION To Supplement the Daily Press



Congress of Industrial Organizations, 718 Jackson Place, N.W., Washington 6. Economic Outlook, a monthly interpretation, \$1.00 per year.

Various pamphlets. List may be obtained.

League for Industrial Democracy, 112 East 19th St., New York City 3.

Various pamphlets. List may be obtained.

Cooperative League of the USA, 167 W. 12th St., New York City 11. Various pamphlets. List may be obtained.

The Federal Council of the Churches of Christ in America, 297 Fourth Ave. New York City 10.

Information Service. Weekly, \$2.00 per year. (issue of Sept. 1, 1945 lists significant pamphlets of 1944-45.

Verious pamphlets. List may be obtained.

Social Action, 289 Fourth Ave., New York City 10. A monthly magazine published by the Congregational Christian Churches, \$1.00 per year.

The Washington Report, 1751 N St. N.W., Washington 6, D.C. A monthly report pub. by Congregational Christian Churches. 50 cents per year.

Common Sense, 10 East 49th St., New York City 17. Perhaps the best liberal monthly. \$2.50 per year.

The Progressive, Madison, Wis. A valuable weekly, published by the LaFollette movement. \$3.00 per year.

World Events, 125 Fifth Ave., N.E., Washington 2, D.C. A monthly interpretation by Scott Nearing, \$2.00 per year. Valuable left-wing viewpoint.

Post War World Council, 112 East 19th St., New York City 3. (Norman Thomas) News Bulletin, and various pamphlets. List may be obtained.

Public Affairs Pemphlets, 30 Rockefeller Plaza, New York City 20. Send for list. The Foreign Policy Association, 22 East 38th St., New York City 16.

Foreign Policy Bulletin, weekly, \$3.00 per year.

Foreign Policy Reports. Topical monographs. \$5.00 per year.

Headline Series of Pamphlets. List may be obtained.
World Peace Found, to Mt. Vernon, Boston 8, Mass. Various pamphlets.

Institute of Pacific Relations, 1 Rast 54 St., New York City 22. Many pemphlets.

National Council for Prevention of War, 1015 18 St. NW. Washington.

Women's International League for Peace and Freedom.

The Fellowship of Reconciliation, 2929 Broadway, New York City 25.

Fellowship, a monthly magazine, \$1.50 per year. Various pumphlets.

Christianity and Society, 3041 Broadway, New York City 27. the quarterly of the Fellowship of Socialist Christians, edited by Reinhold Niebuhr.

Christianity and Crisis, 601 West 120 St., New York City 27. A bi-weekly edited by Reinhold Niebuhr. \$1.50 per year.

Pacifist Research Bureau, 1201 Chestnut St., Philadelphia 7. Penn.

Various pemphlets. List may be obtained.

Conscription News, 1013 18th St., N. W., Washington 6. D. C.

Christian Rural Fellowship Bulletins, 156 Fifth Ave., New York City.

The Catholic Worker, 113 Mott St., New York City 13. Liberal monthly, only 25 cents per year.

The Interpreter, Lame's End Homestead, Brookville, Ohio. The organ of Ralph Borsodi's Decentralist Movement. \$2.00 per year.

American Civil Liberties Union,

Bulletin, and various pamphlets.

International Conciliation, 405 West 117 St., New York City 27. Valuable documents. Only 25 cents per year.

The United States News, 24th and N Sts., Washington 7, D.C. A weekly, reporting on various activites of government. \$4.00 per year.

The Nation, 20 Vessy St., New York City 7. \$5.00 per year.

The New Republic, New York City. \$5.00 per year.

Worldover Press, Wilton Conn. Published monthly by Devere Allen. News from all parts of the earth, \$5.00 per year.

The Christian Century, 440 South Dearborn St., Chicago. \$4.00 per year.



BOOK REVIEW

APPEARING IN

EVANGELICAL MESSENGER

Third and Reily Sts.

The Will of God for These Days. By Kirby Page. Published by Kirby Page, La Habra, Calif. 166 pages. Price, \$1.00.

The author himself describes this book as a study of the Will of God "In personal relations, economic life, political action, race relations (and) international affairs." It is an interpretation of the meaning of Christianity for us today. The basic conviction of the author is that we could solve our complex and perplexing problems if we could sufficiently increase the number of men and women who are Christian in enough areas of life. The book is written rather as a study guide than a text to be read for general information. The author thinks a chapter at one time is enough reading. After reading there should be careful and prayerful consideration of the subject discussed. It is thus primarily a book for personal discipline, It can of course be used to good advantage in group study.

in group study.

There are ten chapters. Chapters one to five deal more directly with the matter of finding the will of God, while the rest of the chapters deal more with the outworking of that will in our related life. It is a book which will stimulate thought, lead to new explorations in the area of the spirit and bring rich reward to those who faithfully follow its suggestion. There will be those who will not follow the author in all of his approaches and conclusions, but this should not lessen the worth of the book. Every minister will be greatly helped in his spiritual leadership through a careful study of this book. It is one of the books needed to-day.

I. S. S.

(1945)

BOOKS BY KIRBY PAGE

	SOMETHING MORE	1920
	JESUS OR CHRISTIANITY	1929
	SWORD OR THE CROSS	1921
	CHRISTIANITY AND ECONOMIC PROBLEMS	1922
	WAR: ITS CAUSES, CONSEQUENCES AND CURE	1925
	AN AMERICAN PEACE POLICY	1925
	IMPERIALISM AND NATIONALISM	1925
	DOLLARS AND WORLD PEACE	1927
	JESUS OR CHRISTIANITY dulphicates.	1929
	NATIONAL DEFENSE	1931
	PERSONALITY OF JESUS	1932
	LIVING CREATIVELY	1932
	INDIVIDUALISM AND SOCIALISM	1983
	LIVING TRIUMPHANTLY	1984
	LIVING COURAGEOUSLY	1956
	MUST WE GO TO WAR	1957
	RELIGIOUS RESOURCES	1929
	LIVING PRAYERFULLY	1941
	LIVING ABUNDANTLY	1944
	THE WILL OF GOD	1945
With	Sherwood Eddy:	
	CREATIVE PIONEERS	1957
	MAKERS OF FREEDOM	1926
	ABOLITION OF WAR	1924
	The state of the s	
Edit	ed:	
	A NEW ECONOMIC ORDER	1980
	RECENT GAINS IN AMERICAN CIVILIZATION	1928

PAMPHLETS BY KIRBY PAGE

Industrial Facts

Collective Bargaining

The Sword or the Cross (also in cloth)

The United States Steel Corporation (reprinted from the Atlantic Monthly, May, 1922)

Incentives in Modern Life

National Defense (abbreviated from book)

Mahatma Gandhi and His Significance

(revised: Is Mahatma Gandhi the Greatest Man of the Age)

Jesus or Christianity (abbreviated from the book)

The Monroe Doctrine and World Peace

Dollars and World Peace (also in cloth)

International Relations in the Light of the Religion of Jesus

An American Peace Policy (also in cloth)

A National Peace Department

The Abolition of War (with Sherwood Eddy, abbreviated from the book)

The Renunciation of War

Was Jesus a Patrict?

Imperialism and Nationalism (also in cloth)

War: Its Gauses, Consequences and Cure (also in cloth)

France and the Peace of Europe

If War is Sin?

How to Keep America Out of War

What Shall We Do About War

Capitalism and Its Rivals

Property /

How Does God Deal With Evildoers?

How Jesus Faced Totalitarianism /

PROPOSED CONTINUATION COMMITTEE OF THE NATIONAL STUDY CONFERENCE ON THE CHURCHES AND WORLD PEACE

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Barton, The Rev. A. J.
Bell, Bishop William M.
Benton, Dr. Herbert E.
Biddle, Clement M.
Boatwright, President F. W.
Bond, The Rev. Ahva J. C.
Brengle, Colonel Sam L.
Burton, The Rev. Charles E.
Campbell, The Rev. W. S.
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Evans, Edward W.

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Jones, Professor Rufus
Kern, Rev. Paul B.
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Krehbiel, Rev. H. J.

Lampe, The Rev. William E.
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Lathrop, The Rev. John H.
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Miller, The Rev. Orie O.
Minton, The Rev. W. P.
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Nash, Arthur
Neuenschwander, The Rev. A. J.
Newell, Mrs. W. A.
Nicholson, Mrs. Thomas
North, The Rev. Frank Mason

Greek Orthodox Churches of America
Reformed Church in the United States
Southern Baptist Convention
United Brethren Church
The Universalist Church
Friend (Treasurer of Study Conference)
Southern Baptist Convention
Seventh Day Baptist Church
The Salvation Army
Congregational Churches
The Presby. Ch. in the U.S. (South)
Meth. Episcopal Church (South)
Presbyterian Church in U.S.A.
American Unitarian Association
The Yearly Meeting of Friends of

Philadelphia and Vicinity Congregational Churches Council of Women for Home Missions Methodist Episcopal Church (South) Northern Baptist Convention Reformed Episcopal Church Moravian Church Young Women's Christian Association Northern Baptist Convention Commission on International Justice and Goodwill (Secy. of Study Conf.) Church of the Brethren The Epworth League Friends General Conference The Salvation Army Five Years Meeting of Friends Methodist Episcopal Church (South) Methodist Episcopal Church General Conference of Mennonites of

North America
Reformed Church in the U.S.
Protestant Episcopal Church
American Unitarian Association
Young Men's Christian Association
Church Peace Union
Reformed Presby. Church of North Amer.
Methodist Episcopal Church (Chairman
of Study Conference)

Reformed Church in America
Mennonite Church in the U.S. and Can.
Christian Church
Northern Baptist Convention
The Universalist Church
General Conference of Mennonites
Methodist Episcopal Church South
Methodist Episcopal Church
Methodist Episcopal Church

Page, The Rev. Kirby
Phelps, Edwin
Poling, Rev. Daniel A.
Price, Dr. Orlo J.
Proude, Rev. John
Sayre, J. N.
Scarlett, The Very Rev. William J.
Silverthorn, Mrs. E. H.

Sockman, The Rev. Ralph W.
Speer, Dr. Robert E.
Stowater, Seattle A.
Sudler, Carroll H.
Tate, The Rev. J. Howard
Thomas, Edward
Tucker, The Right Rev. Henry St. George
Turner, Fennell P.
Whistler, The Rev. John W.

Winchester, The Rev. Benjamin S.

Church of Christ (Disciples) Baptist Young People's Union of Amer. United Society of Christian Endeavor Northern Baptist Convention Primitive Methodist Church The Fellowship of Reconciliation Protestant Episcopal Church Federation of Woman's Boards of Foreign Missions of North America Methodist Mpiscopal Church Presbyterian Church in the U.S.A. Fellowship of Youth for Peace Presbyterian Church in the U.S.A. United Presbyterian Church Five Years Meeting of Friends Protestant Episcopal Church Foreign Missions Conference Churches of God in North America (Ceneral Eldership)

Commission on Christian Education (Secretary of Study Conference)

Banning alif In Hirry Roge La Hobra Calif Dear mr page: Stupid of that stonographic agency to heep you waiting this way. He errors in the script are shoirs. Where Can I find a young woman 25-35 yrs. old who takes a serious vien of life & ville Ald on this Plan? I wish to do Something about engenice not merely talk about it. Seems to me the enginests in failing to provide a contact-bur Ean have not even begun to

be practical about engenies. The fact that such people are rare is all the more reason for locating them without delay! Mease Sort this on to Prof & M Lamon of Stanford when through I have ther spice. Save souble postage. Myseld you Consider distrib-siting enelsed circulars? Afont, send on to mr ferman. Sincerely yours Headre B. Derfur

Dear Friend:

Will you help me with a small home project by answering just one query about books for adventurers and builders of this new day; about horizon extending, heart expanding, soul stimulating books; about books that cause one "to stretch his will and heart in an effort to reach a new high peak" in joyous, victorious, unselfish living?

But first, a word about the project: As an expression of gratitude and appreciation for the tremendous help certain books have been in our lives and in our home, Mrs. McMath and I are on a continuous quest to discover the names of those books that have been outstandingly helpful to other lives.

THEN, each year about Thanksgiving time we share a report of our findings with a thousand other homes. Along with this book-list we name some advantages of choosing books as Christmas gifts. Here are some reasons suggested in a preceding project:
--Books are convenient to order; are inexpensive; easy to wrap; take a low postage rate; and make enduring gifts.

--Books are bridge builders, uniting races and nations; are harbingers of a better world order; and are gifts that can be shared with others.

A PARTIAL LIST OF BOOKS RECOMMENDED BY FRIENDS IN OTHER YEARS

Living Abundantly, Kirby Page
Reckoning at Dusk, Mary Welch
The Sermon on the Mount, Emmet Fox
By an Unknown Disciple, Anonymous
You Are My Friends, Frank Laubach
In Tune With The Infinite, R. W. Trine
Love Can Open Prison Doors, Starr Daily
Meaning Of Prayer, Harry Emerson Fosdick
Altars Under The Sky, Dorothy Wells Pease
Christ Of The American Road, Stanley Jones
Discovering The Boy Of Nazareth, Winifred Kirkland
The Lord's Prayer, The Man Who Talks With The Flowers, and
I Will Lift Up Mine Eyes, by Glenn Clark

NOW THE QUESTION -- Aside from the Bible, have you read some one book not mentioned above, that you think surely should be added to such a list?

Many persons are in earnest search for, and in need of inspirational literature that will increase their faith, courage, and initiative. The book you name may answer that need for many. Eventually they will share that discovery with still others. We are "happier when others drink from the same fount of inspiration."

Those responding to this query will hear about this 1946 project when it unfolds and develops.

Book-questfully,

HARRY J. McMATH, 2116 W. 75th St., Los Angeles 44, California.

Social Drinking—As A Doctor Sees It

Seale Harris, M.D., Col. M.R.C., U. S. Army

Dr. Harris, of Birmingham, Alabama, was recently cited by the Medical Association of his state "for his discovery of hyperinsulinism and for pioneer work in the field of nutrition". His professional training included work at the University of Virginia, New York Polyellnic, Post-Graduate Medical School of Chicago, Johns Hopkins, and the University of Vienna and other European clinics.

Besides his forty-five years of practice in Alabama, he had two years in the Medical Department of the United States Army during World War I, attaining the rank of Colonel, and was cited by General Pershing "for conspicuous and meritorious service in France". He has been president of the Medical Association of the State of Alabama, of the Southern Medical Association, and of other medical organizations. He is a member of the American College of Physicians, and is Professor Emeritus of Medicine, University of Alabama.

The material herewith is an excerpt, reprinted by permission, from his address as president of the Medical Association of the State of Alabama, delivered April 18, 1939. In that address, Dr. Harris quotes frequently from Sir William Osler, who, he says, "as Professor of Medicine of Johns Hopkins University (1889–1903) and author of Osler's textbook on medicine, exerted the most profound influence on the science and art of medicine. in the English-speaking world, of any man who has ever lived." In the section "Advice to Young Doctors," Dr. Harris says:

SLER, in "A Way of Life", laid down the only safe plan to avoid becoming a victim of alcohol. He said:

"To drink, nowadays, but few students become addicted, but in every large body of men a few are to be found whose incapacity for the day results from the morning clogging of nocturnally-flushed tissues. As moderation is very hard to reach and as it has been abundantly shown that the best of mental and physical work may be done without alcohol in any form, the safest rule for the young man is . . . abstinence."

Dr. W. H. Welch, of Johns Hopkins, was the recognized greatest pathologist in the history of American medicine; and he certainly was the ablest medical statesman that has lived in the United States. Every young physician should read Welch's article on the "Pathology of Alcoholism" before he takes the first, or another, drink of beer, wine, whisky or other alcoholic beverage.

In an address W. J. Mayo delivered to the young physicians of the Mayo Clinic and Mayo Foundation, he made a statement which should be pondered over by a young physician before he indulges in social drinking:

"William Allen White is of the opinion that three out of ten who take alcoholic drinks, like whisky and brandy, become addicted to the use of liquor; that is, they become steady drinkers, by common parlance, 'addicts'. Of course, not all of them become what we term drunkards. But they find it nearly impossible to break themselves of the habit and the result may be deterioration and unhappiness which bear heavily on the family and the family's future.

"The 70 per cent of drinkers who do not become addicts in the sense that we ordinarily understand the term, as well as the addicts, sometimes develop changes in the liver and the vascular and nervous systems later in life, which we have reason to believe are a late result of alcohol.

"The medical man faces the extraordinary advances which day by day make medicine the most fascinating of all the professions or occupations and his responsibility to the people, because of the nature of his calling, is greater than that of the worker in any other field. Can he, of all men, afford to take a 30 per cent chance of becoming an label of delivery.

Charles Mayo in his "President's Address" delivered to the American Medical Association in 1917 said of the use of alcoholic beverages in medicine:

"No one, unless the policeman, sees more of the results of over-indulgence in alcohol, demonstrated by poverty, sickness, immorality and crime, than the physician. Medicine has reached a period when alcohol is rarely employed as a drug, being displaced by better remedies. Alcohol's only place now is in the arts and sciences."

Dr. T. D. Crothers, the author of a book on inebriety and a recognized authority on drug addiction, made a startling statement at a meeting of the American Medical Association in 1896, which no one contradicted, when he said:

"Forty per cent of the doctors of the United States become addicted to the use of alcohol and opium,—one or both, usually alcohol first and then morphine,—before they reach the age of fifty years."

I am sure that at the time Dr. Crothers was talking there were several counties in Alabama in which at least fifty per cent of the doctors over fifty years of age were alcohol and/or opium habitues.

The medical profession has made wonderful strides in every way since Dr. Crothers' time. The Harrison Anti-Narcotic Act has been the restraining influence which has reduced morphinism almost to the irreducible minimum, and alcohol addiction among physicians is now relatively rare; but thoughtful physicians see the trend towards a return to the old days when people used to say: "I would rather have Dr. ______ treat me when he is drunk than any other doctor when sober." Now they say: "I would like to have Dr. _____ but he drinks."

College-Bred Failures

I have never seen a well-prepared physician, who was sober and industrious, who failed to make a success in the practice of medicine; but at least nine-tenths of the failures of doctors whom I have known,—many of them highly educated men, and graduates of the best medical colleges in the land,—resulted from alcoholic inebriety, which always had its genesis in social drinking.

W. J. Mayo said that all of his classmates who drank excessively in college were dead before sixty, and most of them were failures as physicians. More than twenty-five per cent—think of it, one out of every four!—of my classmates in both academic and medical schools in the "gay nineties" are dead or have become moral and physical wrecks because of drink. In 1910 the dean of the school of arts and sciences of a well-known university, in compiling data for the alumni register of his institution, found that at least twenty-five per cent of the graduates of that institution before they reached the age of fifty were dead, or were failures in life, because of alcohol. There is much less drinking in college now than a quarter of a century ago, but there is just as much ignorance today among college professors and students regarding the fact that ethyl alcohol (4 to 10 per cent in beer, 10 to 20 per cent in wine, 40 to 50 per cent in whisky) is a toxin of the narcotic habit-forming group, as there was forty centuries ago when Solomon, the wisest man in all history, said: "Wine is a mocker and strong drink is raging, and whosoever is deceived thereby is not wise." Beer, the most insidious and the most destructive to morals and human life of all the alcoholic beverages, is the mocker that has sent "millions to their homes in the dim land of dreams".

If professors in colleges of all kinds, including medical schools, had the common sense and the moral courage to become total abstainers and teach by precept the scientific truth regarding the physiologic effects of alcohol, social drinking would cease to exist as a menace to the health and lives of the finest type of men and women of America.

Alcohol A Public Health Problem

There can be no question that social drinking, which leads to alcohol addiction, is the cause of more illness and more deaths than any other single factor in the United States. Life-insurance statistics prove the truth of this assertion. Recent studies in many cities show that more than half the 30,000 deaths and the more than 1,000,000 accidents on the streets and highways of the United States are due to alcohol. It is estimated that more than forty per cent of suicides result from alcohol inebriety. Colonel Alex M. Garber, former Attorney-General of Alabama, found in studying the causes of murders in Alabama that alcohol was the cause in more than fifty per cent of the cases; and no doubt, in the increasing number of deaths from the electrocution of criminals, alcohol is the most important factor.

Statistics regarding alcohol as a cause of disease and death are valueless for the reason that the physician who fills out the certificate of deaths of alcoholics does not care to offend or distress bereaved relatives by recording alcohol as the primary or contributing cause of death. The deaths recorded from cirrhosis of the liver may be regarded, however, as an index of the amount of alcoholism in any state or nation. *Dr. Elliott*, Professor of Medicine of Northwestern University, recently reported that in the Cook County Hospital, Chicago's great charity hospital, the death rate from cirrhosis of the liver had increased nearly five hundred per cent

in the last ten years. In the last five years I have treated more cases of cirrhosis of the liver than I had seen in twenty-five years before. In the last year I have seen two physicians, noble men, at one time successful practitioners, victims of alcoholic cirrhosis of the liver. One died and the other has only a few weeks to live.

In the forty-five years that I have practiced medicine, I never saw a case of cirrhosis of the liver in a woman until four years ago, and since then I have seen five women, all of them from fine families, in varying stages of alcoholic cirrhosis. Judging from my experience in treating sickness in adults, gastro-intestinal diseases in particular, the women in the upper circles of society in Alabama and adjoining states are drinking more than men. *Goethe*, the great German poet, in his "Law of Caste", said: "No nation can rise above the mothers of its men." What will be the future of the United States—the last hope of democracy—if the mothers of the men of the next generation are victims of alcohol?

Each individual physician should do his part in reducing the morbidity and mortality rates from alcohol. He can best perform that service to his community, his state and the nation by having the moral courage to become a total abstainer himself, and by becoming a leader in a campaign of education to teach—not the moderation which precedes inebriety—but that the only safe plan for any man, or woman, boy or girl to follow is to refuse ever again to take even one drink of beer, wine or whisky.

It is high time for the medical profession to realize that the sickness and death rates of adults from 20 to 60 years of age may be reduced at least twenty-five per cent if the use of alcohol as a beverage can be stopped. When the leaders of medical thought realize that alcohol is the most important public health problem that faces this nation, and that they may perform a patriotic duty by informing the public of the dangers of alcoholism, they will lead the government to teach total abstinence to all classes. It is gratifying to know that some of the state departments of health,—Mississippi in particular,—realize the opportunity to reduce the death rates in their states, and they are carrying on a campaign of alcohol education to prevent automobile accidents, homicides and suicides.

"An Enemy in Their Mouths to Steal Away Their Brains"

Shakespeare went to the heart of the alcohol problem when he had Cassio say, "I have very poor and unhappy brains for drinking. I could well wish courtesy would invent some other custom of entertainment." Physicians, who need clear heads and steady hands for twenty-four hours each day, have "poor and unhappy brains for drinking", and they will be wise when they substitute—for high-balls, cocktails or beer—ginger ale or orange juice, which "cheer but do not inebriate."

I give to young physicians who would lead sober, industrious, useful and happy lives the wisdom of *Shakespeare*, who, four centuries ago, expressed what is in the heart and minds of thousands of thoughtful physicians who are distressed at the increasing consumption of alcohol with all its evil consequences:

"O... that men should put an enemy in their mouths to steal away their brains!"
O, God, that we should, with joy, pleasance, revel, and applause transform ourselves into beasts."

In 1910, Dr. James T. Searcy, then Superintendent of the Alabama Insane Hospitals, estimated that at least twenty-five per cent of the insanity of Alabama resulted from alcohol; and he quoted Dr. Frederick Peterson, director of New York State Insane Hospitals, as saying that 42 per cent of the insane men and 12 per cent of the insane women in his state were alcoholics. Dr. W. D. Partlow in 1938 reported that the admissions of insane alcoholics in Bryce Hospital increased 700 per cent from 1932 to 1938. He said that prior to 1933 he had never admitted a female patient who was insane because of alcohol, but that in 1938 more than thirty women were admitted into the Bryce Hospital because of alcoholic insanity. Zeigler and Horner, Albany, New York, reported that there had been a 500 per cent increase in alcoholic admissions to the registered psychiatric hospitals in New York State from 1920 to 1934. It is estimated in New York State, which has the

highest insanity rate and also consumes more alcohol per capita than any other state in the Union, that of boys and girls over fifteen years of age one out of every 20 will at some time in life be a patient in a hospital for mental diseases.

In recalling the physicians of my acquaintance who have become insane, I

find that at least 75 per cent of them were alcohol inebriates.

The discussion of alcohol as a public problem is prompted by a desire to aid in reducing the mortality from the use of alcoholic beverages. It was with the same spirit I have urged that measures be taken to reduce the number of deaths resulting from swallowing bichloride of mercury accidentally, or with suicidal intent. A life saved from the slower poisoning following the daily ingestion of alcohol over the period of a number of years is just as valuable to the community as one prevented by making it hard to buy the more rapid poison, bichloride of mercury.

Recent experiences seemed to show the imperative need to point out to young physicians the dangers that follow social drinking. Within the last two months four cases of well-trained young Alabama doctors in different parts of the State, who are destroying themselves by drinking, have been brought to my attention with requests that I talk to them about the danger of alcoholism. All four of these young doctors were inveterate cigarette smokers. There must be many more such

cases in Alabama, and in many other states in the Union.

It would seem that older physicians who have lived long enough to know the end results from social drinking should counsel with their young confreres and friends who now see only the glamour, gaiety, revelry and allurement of drinking parties. If young men and young women could know that when "the tunult and the shouting die" disaster follows the revelry, they would be afraid to take the first or another drink. I admit with some degree of pride that I am afraid to take even one drink of any alcoholic beverage. This fear comes from having seen many better doctors, and many stronger men than I know myself to be, wreck their lives by alcoholism which began in social drinking. If I can transmit this holy fear of drink to some of my younger confreres, this preachment will not have been in vain.

Inspiration from the Lives of Great Physicians

Young men should not imitate others in dress and in mannerisms; but in deportment and in acquired habits it is wise for them to follow the examples of the leading men in their profession. Certainly the Mayo brothers achieved success and great distinction in our profession. They were active surgeons until they had passed the Biblically-allotted three-score years and ten, and no doubt their regular, systemic and abstemious habits were important factors in promoting their health, efficiency and longevity. Neither W. J. Mayo nor Charles Mayo ever used alcohol or tobacco in any form during their long useful lives. I have never heard of their being called "wet blankets" at any party. They simply declined to drink socially; they did not keep or serve alcoholic beverages of any kind in their homes. Yet they enjoyed fellowship with the physicians of the United States as much as any two physicians whom I have had the privilege of knowing.

James Marion Sims, the greatest surgeon America has produced, did not use tobacco and he was a total abstainer from all alcoholic beverages. Frank Lahey and Elliott P. Joslin of Boston, and Howard A. Kelly, J. M. T. Finney and Harvey Stone of Johns Hopkins are total abstainers. Dozens of other distinguished physi-

cians and surgeons, who never use tobacco or alcohol, can be named.

It is more than a coincidence that all of the living ex-presidents of the Association now over the age of sixty, whose names can be recalled at this moment, physicians who have achieved success and distinction, have lived and are still living largely in accordance with the philosophy of life which has been inadequately outlined in this advice to young physicians.

Ruopp Assails Seekers of War

A small section of the American people would like to see the United States and Russia em-broiled in a third world war, but such a war would by no means mean a clear-cut victory for the United States and would be at best "a victory in hell."

This warning was sounded yes-

terday by the Rev. Dr. Harold W. Ruopp, pastor of the Central Church and president of the Church Federation of Greater

Chicago.

Most Don't Want War.

Speaking at his church's service at the Studebaker Theater, the Methodist minister declared that 95 per cent of the American people want no more war but that other Americans obsessed by fears of European Communism, and certain that the United States is the most powerful military is the most powerful military force in the world are subtly—and sometimes boldly-hinting at war with the Soviet Union.

"Russia does not want war with us any more than she did with Germany," Dr. Ruopp said. "Russia has nothing to gain and every-thing to lose. If we stop and ana-lyze war we will find that we, too, have everything to lose if another scourge of atomic bomb-ing and bloodshed sweeps the world."

War Mutually Fatal.

He compared a war between the two countries to a battle between two moose in which their horns are locked with death resulting

for both animals.

Declaring that because of the atomic bomb the San Francisco Conference had been rendered useless and out of date, the federation president urged that the United States place the atomic secret at the disposal of the United Nations Organization if this country wanted international collaboration to be resumed.

Sovereignty Curb Urged.

Another war may well come, he said, unless the nations stopped insisting on unbridled national sovereignty in world affairs and on having military and air bases "all over the world under the guise of self-preservation." A J Muste

2929 Broadway

New York 25 MY

Strongly approve organizing church chapters of denominational fellowships stop suggest this be part of supreme effort enroll one hundred thousand fellowship members by Christmas nineteen forty six stop not high pressure campaign but careful search for individuals who have already reached decision and are now prepared to join fellowship stop Imminence of war danger and urgency of task require every present member enroll one new member every average month stop Aima and I will earnestly enuesvor enroll two new members per week during coming year stop suggest that every member be invited attractions goal of new members to be won curing year stop our efforts must exceed wartime activities of volunteers for war work stop suggest that every fellowship member be urged to engage to intercession with fervent zeal. Stop

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I got your note aking about your latest book on consignment. Most by the whittier and Chapman students have left for the summer and I personally have a jot up in the mountains of at 4. m. c. a. camp which will last write about Sept. 1. However, I prow I can sell some of your books nest year at Chapman, because they are moving back to L. a. and will have a much larger student body. I will let you know how many books will let you know how many books we want at that time.

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[1945]

Enclosed is money for three agyon lotest book. Please send two of the coming to Vic Languevan, 229 So. Painter, Whittier; and one copy to me, own Deupsee Ir., 10509 Edison Blood., north

Hollywood.

These days are certainly momentous. It looks like peace time conscription is going to pass, and as far as a permanent F.E.S. C. is conserved, it looks a little boutful. However, there is certainly no room for persumism and plenty of room for construction action. Threlog us fellows are sending some food and other

materials to an F.O.R. member in France. We got the name from George Paine, 6 Parke Street, Boston, mass. It certainly seems like a smale amount, but it will help them to keep cowrage. We are going to try to get some of the churches to do the same thing. In the recent clothing drive some of the students gave their best suits and other articles of clothing to help clothe their brothers in devastated Europe. To me, this seems to be a real example of brotherhood in action.

Everyone wishes the local of all things to you and yours and look forward to seeing you again,

Surcerely,

Owen Deupree gr. 10509 Edison Bert.; north Hollywood, Calif.

KIRBY PAGE'S PROGRAM FOR 1945-46

During the year beginning in September, 1945, Kirby Page expects to concentrate on <u>SERIES</u> of meetings in the same church, or in the same community in different churches, for four, or five or six successive evenings: Sundays, Wednesdays, Thursdays.

On SUNDAYS there are four possibilities:

- 1. A series of Sunday evening services.
- 2. A series of Sunday evening programs:

5:00 P.M. - Address and Forum

6:30 P.M. - Light Refreshments

7:30 P.M. - Address and Forum

- 3. On the first Sunday of the series, he could preach also at the morning service.
- 4. He could preach on Sunday mornings in four different churches in the community or in the neighborhood.

On WEDNESDAYS AND THURSDAYS there are two possibilities:

- 1. A series of sessions beginning at 6:30 with a supper, (hot-dish or otherwise), followed by an Address and Forum.
- 2. A series without the supper.

Subjects

- 1. A series of four or six addresses on THE WILL OF GOD FOR THESE DAYS:
 - 1. The Will of God in Economic Life
 - 2. The Will of God in Race Relations
 - 3. The Will of God in Political Action
 - 4. The Will of God in International Affairs
 - 5. The Will of God for the Home
 - 6. The Will of God for the Individual

(Kirby Page's 22d volume, "The Will of God For These Days", is expected from the press in April, 1945)

- 2. A series of four or six addresses on THEOLOGICAL QUESTIONS:
 - 1. The Nature of God
 - 2. The Divinity of Jesus
 - 3. The Inspiration of the Bible
 - 4. The Christian Doctrine of Salvation
 - 5. The Work of the Christian Church
 - 6. Immortality
- 3. A series of four or six addresses on THE EVANGELISM WE NEED:
 - 1. What is God Doing Now?
 - 2. Why Was Jesus Crucified?
 - 3. Total Allegiance to Jesus Christ
 - 4. The Meaning of the Cross for us Today
 - 5. How to be Tranformed Through Prayer
 - 6. Why be a Member and a Worker in the Church?
- 4. A series of four or six addresses on BUILDING A CHRISTIAN ECONOMIC ORDER
 - 1. The Christian Doctrine of Wealth
 - 2. Christian Incentives in Economic Life
 - 3. How Can We Prevent Another Economic Depression?
 - 4. What Would Be a Christian Property System?
 - 5. The Relationship of Government to Economic Life
 - 6. What Should Christians Do About Labor Unions?

[1945]

- 5. A series of four or six addresses on THE CHRISTIAN'S ATTITUDE TOWARD WAR:
 - 1. What Jesus Taught About War and Poace
 - 2. The Old Testament on War and Peace
 - 3. The Christian's Relationship to the State
 - 4. What Should Christians Do About Militarism and Imperialism?
 - 5. What Should Christians Do About World Government?
 - 6. How Can We Provent Another World War?
- 6. A series of four or six addresses in A SCHOOL OF PRAYER:
 - 1. Watching God at Work
 - 2. Looking Through the Eyes of God
 - 3. Listoning to God When He Speaks
 - 4. Following God Wherever He Leads
 - 5. Doing the Will of God
 - 6. God's Faithful Remnant

Dates Available for Sories of Meetings

September 1945 to April 1946

SUNDAYS

1.	Four Sundays	September 9, 16, 23, 30, 1945
2.	Five Sundays	October 7, 14, 21, 28, November 4
3.	Four Sundays	November 11, 18, 25, December 2
4.	Four Sundays	Docembor 9, 16, 23, 30
5.	Six Sundays	January 6, 13, 20, 27, Feb. 3, 10 (1946)
6.	Four Sundays	February 17, 24, March 3, 10
7.	Four Sundays	March 17, 24, 31, April 7. (Easter is April 21)

WEDNESDAYS

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8. Four Wednesdays	Septembor 5, 12, 19, 26, 1945
9. Fivo Wednesdays	October 10, 17, 24, 31
10. Six Wednesdays	November 14, 21, 28, Docember 5, 12, 19
11. Six Wodnosdays	January 9, 16, 23, 30, Fob. 6, 13 (1946)
12. Four Wednesdays	Fobruary 20, 27, March 6, 13
13. Four Wodnesdays	March 20, 27, April 3, 10 (Easter is April 21)

THURSDAYS

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1

Financial Arrangements

No fee is required and no quarantee is expected. Free-will offerings are satisfactory, or if the committee prefers, an honorarium may be provided. Profits from the sale of roligious books at the various meetings - 25¢ out of every dollar of sales - will go to the American Friends Service Committee, or to a cause selected by the local committee.

Arrangements should be made <u>FAR IN ADVANCE</u> with Kirby Page, Box 247.

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Please indicate first, second and third choices of dates.